



## **SPORTS THERAPIST**

### **Organisation**

Partick Thistle Youth Academy

### **Salary**

To to be discussed

### **Location**

Glasgow

### **Contract type**

Part time

### **Closing date**

31 December 2024

### **Job Description**

We want to expand our Rehabilitation Programme by offering a chance for a skilled and dedicated Sports Therapist and or Graduate Sports Therapist to join our academy team.

The Role:

- To lead initial injury consultation, performance screening, treatment and management of rehabilitation programmes.
- To design and implement individualised rehabilitation programme using evidence-based practice to address injury, improve function and enhance performance.
- To administrate manual therapy treatment to promote healing, reduce pain and restore mobility.
- To oversee rehabilitation members and implement musculoskeletal knowledge in relation to their programme.
- Implement evidence based practice with clinical reasoning and utilise our sports science dept to guide rehabilitation programmes.
- To co-ordinate and introduce rehabilitation members into the rehab classes.
- To be actively involved on the gym floor where possible to deliver rehabilitation exercises.
- To be an educator to our players/parents. Providing education on injury prevention, self-care strategies and lifestyle modification to support rehabilitation and long-term well-being.
- To be able to demonstrate effective communication
- To take an active role in all medical / rehabilitation meetings.



#### Qualification & Requirements:

- Physiotherapy / Sports Therapy Degree
- HCPC/CSP / SST / BASRAT registered and indemnity insurance.
- Full UK Driving License & Access to your own car.
- Valid First Aid Qualification
- Experience in clinical assessment, and rehabilitating a wide range of orthopaedic and musculoskeletal conditions.
- Experience of working within a multidisciplinary team.
- Experience of modifying rehabilitation programmes in order to address an individual's needs, demonstrating advanced clinical reasoning skills.
- Experience of implementing profiling and screening methods using sports science technology.
- A strong knowledge of sport injuries and rehabilitation exercises.
- Ability to communicate fluently (in English), demonstrating advanced communication skills.
- Exceptional organisational and time-management skills.

#### How to apply

Please send your CV and a covering letter to [craig.dargo@ptfc.co.uk](mailto:craig.dargo@ptfc.co.uk)